



## Upper Hunter Team Penning

### COVID-19 Event Policy

(Current as of 1<sup>st</sup> July 2020)

#### What is the purpose of this policy?

We take the welfare and wellbeing of our members, committee, visitors and community seriously. This policy outlines our strict procedures for all who choose to attend an event hosted by Upper Hunter Team Penning during the COVID-19 pandemic.

#### Government directives and the law:

This policy represents our approach to dealing with the COVID-19 pandemic. However, this policy is in all respects subject to any overriding Government directive or law. For example, if the Government mandates that you must remain at home, or that we are unable to host an event, then such directive overrides this policy.

We refer you to the various Government websites (both Federal and State) which contain up-to-the-minute information on Government policy on COVID-19.

#### What specific measures are we taking?

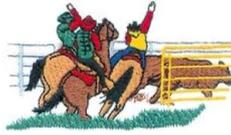
To promote the health and safety of all, we will:

- Endeavour to provide and maintain a safe community environment for all stakeholders;
- Provide information, instruction and supervision to you, so far as we can, to promote your health and safety;
- Provide adequate facilities for you to practice good hygiene. This includes hand sanitiser, soap, disinfectant spray, and where relevant, face masks;
- Consult with you about health and safety issues relevant to this outbreak;
- Integrate health and safety issues into all of our decision making;
- Random temperature check of people on the ground, recorded on a register, temperature of 38 Degrees or higher after 2 attempts will be asked to leave the ground;
- Ensuring 1.5metre distance and 4 square metre per person;
- Put in place mechanisms for monitoring health and safety issues; and
- Take any health concerns raised by you seriously.

#### What specific measures do we expect you to take?

While on the community ground of any event hosted by Upper Hunter Team Penning, you must:

- Follow all aspects of this policy;
- Take reasonable care to ensure your own health and safety, and that of club members and community;
- Not place others at risk or jeopardise the safety of our club environment by any act or omission. For example, coming to an event while unwell;



- Follow any safety procedures or protocols that we implement from time to time, following instruction/guidelines/expectations and sign posters;
- Co-operate with us to meet our statutory health and safety obligations;
- Observe social distancing, 1.5 metres between people at all times;
- Remain on grounds from start to finish, please come self-sufficient to eliminate the number of entries and exits at the ground;
- Not attend an event if you feel unwell or if you believe you may have come into contact with someone who is unwell;
- Not attend an event if you have travelled outside of the NSW border within the past 14 days, or if you have come into contact with someone who has travelled during that time;
- Regularly take steps to clean up and wipe down any surfaces that you have used;
- Practice cough etiquette (keep away from other people, cover coughs and sneezes with disposable tissues or clothing);
- Wash your hands thoroughly and regularly, use hand sanitiser that is provided in all areas of the grounds; and
- Gatherings of no more than 20 persons, maintaining 1.5 metre of each other.

#### **How to practice 'social distancing' at an event:**

Whilst at our event, you will be required to follow social distancing rules. Such steps include:

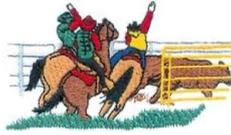
- Distance yourself 1.5 metres from others;
- Gatherings of no more than 20 persons, maintaining 1.5 metre of each other;
- If you are required to be near other people who are outside of your own family members (residing in the same household), ensure that you are at least 1.5 metres away;
- Not shaking hands to greet others, hugging and or kissing;
- Promoting good hand, sneeze and cough hygiene;
- Using hand sanitiser frequently;
- Eating meals at your camp site, rather than with others;
- Regularly cleaning and disinfecting surfaces that you may touch;
- Avoiding non-essential travel.

Hand sanitiser and hand-washing liquid are readily available for your use throughout community grounds.

#### **When must you wash your hands whilst at an event?**

We urge you to wash your hands as frequently as possible. Some key times to wash your hands throughout the day at our event include:

- After you have been in a public place (bathroom, arena) and touched an item or surface that may be frequently touched by other people, such as door handles, gates, tables, and monitors;
- Before touching your eyes, nose, or mouth, because that is how the germs enter our bodies;
- Before, during, and after preparing food;
- Before eating food;
- Before and after treating a cut or wound;
- After using the toilet;
- After blowing your nose, coughing, or sneezing; and
- After touching garbage.



### How should you wash your hands?

Washing your hands is one of the most effective ways to prevent the spread of germs. Clean hands can stop germs spreading from one person to another. You must ensure that you wash your hands properly. This can be done by following the following protocol:

- Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap;
- Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails;
- Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice;
- Rinse your hands well under clean, running water; and
- Dry your hands using paper towel, a clean towel or air dry them.

### What if I am diagnosed with COVID-19?

If you are diagnosed with COVID-19, you must:

- Immediately inform us via email or a telephone call;  
([uhtp@hotmail.com.au](mailto:uhtp@hotmail.com.au) ,0427 642 541)
- **Not attend an event** under any circumstances; and
- Follow the advice of your medical practitioner.

### Should I attend an event if I think that I may be diagnosed with COVID-19?

If you think that you may have symptoms of coronavirus, you should immediately do the following:

- Inform us via email or a telephone call;  
([uhtp@hotmail.com.au](mailto:uhtp@hotmail.com.au) ,0427 642 541)
- **Not attend an event** under any circumstances; and
- Immediately seek medical advice.

### What should I do if I am at an event and I start feeling sick?

If you start to feel unwell whilst at an event, you must immediately notify your president or vice president. If we form a reasonable view that you are unwell, you will be directed leave the event immediately.

### Will I be refunded for any entry monies if being refused entry to an event or directed to leave because of the COVID-19?

If we direct you to leave an event, you may be refunded any monies, this will be assessed on a case by case basis under the approval of the executive committee.

### Is there someone I can discuss this policy with?

You can discuss this policy with our: COVID-19 SAFETY OFFICER/ OFFICIAL, Kristy Banister 0427 642 541